



Breaded Fish & Alfredo Spinach Sauce

with Sweet Potatoes & Cauliflower



Nutrition Facts

1 serving per container
Serving size 1 meal (333g)

Amount per serving
Calories 360

	% Daily Value*
Total Fat 14g	17%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 500mg	22%
Total Carbohydrate 40g	15%
Dietary Fiber 5g	17%
Total Sugars 5g	
Includes 2g Added Sugars	4%
Protein 23g	
Vitamin D 0mcg	0%
Calcium 180mg	14%
Iron 2.5mg	14%
Potassium 890mg	19%

Packaging

Meal Number	091	Case Length	18.125 in
GTIN	00814748000914	Case Width	14.125 in
Pack Size	20 each	Case Height	8.125 in
Meal Weight	11.75 oz	Case Cube	1.20 ft ³
Case Weight Gross	18.19 lbs	Cases/Pallet	48
Case Weight Net	14.69 lbs	Hi	8
Case Pack Code	yymmdd	Ti	6

Preparation

Cook times may need to be adjusted due to variations in appliances. Check that product is heated to internal temperature of 165°F.	
Microwave	Slit film over each compartment. Microwave on high 5 minutes 30 seconds. Carefully remove product and let stand 2 minutes.
Conventional Oven	Slit film over each compartment. Bake at 350°F for 25 minutes. Carefully remove product.

Additional

Allergens	Fish, Wheat, Soy, Egg, Milk	Order Lead Time	14 days
Kosher	No	Storage	-10°—10°F
CN	No	Shelf Life	365 days*

*From production when kept at 0°F or below

Information shown may vary from product currently in distribution. Changes in ingredients, processes, and regulations occur, affecting content. The most accurate information is available on product package.

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Traditions Meal Solutions | 100 Valley Drive Pearl, MS 39208 | 877-936-8148 | customer@traditionsi.com | www.traditionsi.com

