

Nutrition Facts

Pierre - Pb Jamwich Peanut Butter & Grape Jelly Sandwich on Whole Grain Bread

Servings:

Calories	310	Sodium	310 mg
Total Fat	16 g	Potassium	0 mg
Saturated	3 g	Total Carbs	35 g
Polyunsaturated	0 g	Dietary Fiber	4 g
Monounsaturated	0 g	Sugars	13 g
Trans	0 g	Protein	10 g
Cholesterol	0 mg		
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Vitamin A	0%	Calcium	4%
Vitamin C	0%	Iron	6%

*Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

