

| Item # | TURKEY MEALS   | MEAL DESCRIPTIONS |
|--------|--|-------------------|
| 780    | Sliced Turkey and Gravy with Cornbread Dressing, served with Flat Beans and Butternut Squash—14.07 oz.           |                   |
| 800    | Turkey Sausage w/Peppers, Onions & Tomatoes, with Whole Grain Pasta and Apple Chunks w/Raisins—18.68 oz.         |                   |
| 830    | Turkey with Country Pepper Gravy with Mashed Potatoes and Green Bean Almondine—13.6 oz.                          |                   |
| 5053   | Turkey and Dressing with Gravy, Green Beans and Corn—12.25 oz.   |                   |
| 5068   | Turkey Tetrazzini, Bowtie Pasta with Spinach/Garbanzo Beans and Yellow Squash—11.95 oz.                          |                   |
| 5074   | Turkey Pot Roast with Gravy over Mashed Potatoes, Italian Green Beans and Carrots—13.1 oz.                       |                   |
| Item # | CHICKEN MEALS  | MEAL DESCRIPTIONS |
| 14     | Creamy Chicken Patty and Waffle with Four Season Vegetables and Cabbage—11.25 oz.                                |                   |
| 25     | Chicken Patty with Rosemary Gravy, Cinnamon Flavored Apples and Spring Vegetables—10.40 oz.                      |                   |
| 28     | Chicken Patty and Apricot Rice with Brussels Sprouts and Carrots—11.65 oz.                                       |                   |
| 29     | Chicken Tenders with Tomato Basil Penne Pasta with Corn and Peppers and Green Beans—12.25 oz.                    |                   |
| 33     | Chicken Patties and Honey BBQ Sauce with Black Beans, Corn and Brussels Sprouts—10.00 oz.                        |                   |
| 36     | Honey Mustard Chicken Patty with Cinnamon Flavored Sweet Potatoes and Brussels Sprouts—9.6 oz.                   |                   |
| 43     | Chicken Patty and New Orleans Style Rice with Cinnamon Flavored Sweet Potatoes and Green Beans—11.75 oz.         |                   |
| 50     | Breaded Chicken Patty with Whole Kernel Corn and Spring vegetables—8.93 oz.                                      |                   |
| 53     | Chicken Patty with BBQ Sauce with Cinnamon Flavored Sweet Potatoes and Broccoli—9.5 oz.                          |                   |
| 72     | Chicken Patty and Dressing with Chicken Gravy with Spring Vegetables and Broccoli—11.25 oz.                      |                   |
| 77     | Breaded Parmesan Chicken Patty with Potatoes and Mixed Vegetables—10.95 oz.                                      |                   |
| 86     | Creamy Breaded Chicken Patty with Lima Beans and Mixed Vegetables—11.28 oz.                                      |                   |
| 94     | Chicken Patty and Penne Pasta Alfredo with Carrots and Corn with Peppers—13.50 oz.                               |                   |
| 600    | Oven Baked Chicken with Green Beans, Red Peppers and Yellow Rice with Tomatoes and Chives—14.5 oz.               |                   |
| 524    | Honey Mustard Chicken with Potatoes Florentine and Mixed Vegetables—13.16 oz.                                    |                   |
| 650    | Oven Baked Chicken with Southern Rice, Black Eyed Peas and Spinach—15.8 oz.                                      |                   |
| 700    | Sweet and Sour Chicken with Steamed Rice and Ginger Peas—14.3 oz.  |                   |
| 760    | Sesame Chicken with Broccoli, Carrots and Steamed Cauliflower with Red Pepper—11.36 oz.                          |                   |
| 5040   | Chicken with Gravy, Cubed Potatoes, Carrots, Lima Beans—12.45 oz.  |                   |
| 5041   | Mesquite Chicken over Rice Blend, Green Beans and Carrots—11.45 oz.  |                   |
| 5042   | Chicken Broccoli Alfredo over Linguine Pasta with Carrots and Zucchini with Red Peppers—12.95 oz.                |                   |
| 5046   | Herb Chicken with Mashed Potatoes and Gravy, Green Beans and Carrots—11.45 oz.                                   |                   |
| 5047   | Chicken Parmesan and Linguine Pasta with Marinara Sauce, Mozzarella Cheese, Zucchini and Yellow Squash—13.45 oz. |                   |
| 5054   | Chicken Teriyaki Over Rice and Vegetable Blend served with Yellow Squash and Italian Green Beans—12.65 oz.       |                   |
| 5060   | Chicken Cacciatore Over Rice with Marinara Sauce, Brussels Sprouts and Yellow Squash—12.90 oz.                   |                   |
| 5066   | Chicken and Rice in Mushroom Sauce with Mozzarella Cheese, Broccoli and Carrots—11.80 oz.                        |                   |
| 5076   | Sweet and Sour Chicken, White Rice, Carrots and Brussels Sprouts—12.95 oz.                                       |                   |
| 5093   | Santa Fe Chicken with Rice Veggie Blend and White Cheese Sauce, Lima Beans and Carrots—12.5 oz.                  |                   |

| Item # | BEEF MEALS   | MEAL DESCRIPTIONS |
|--------|--|-------------------|
| 16     | Meatballs over Egg Noodles and Pizzaiola Sauce with Green Beans and Carrots—13.45 oz.                        |                   |
| 21     | Cheese Lasagna with Meat Sauce, Corn with Peppers and Mixed Greens—15.55 oz.                                 |                   |
| 23     | Homestyle Meatloaf with Potatoes and Winter Vegetables—10.85 oz.   |                   |
| 27     | Beef Patty Strips with Orange Rice and Vegetables, with Corn, Peppers, and Broccoli—14.3 oz.                 |                   |
| 32     | Creamy Country Fried Steak with Potatoes and Mixed Vegetables—11.15 oz.                                      |                   |
| 47     | Salisbury Steak with Potatoes and Mixed Vegetables—10.65 oz.   |                   |
| 65     | Spaghetti and Meatballs, with Broccoli and Whole Kernel Corn—15.15 oz.                                       |                   |
| 88     | Beef Patty and Onion Gravy with Potatoes and Broccoli—9.95 oz.   |                   |
| 99     | Beef Patty with Carrots and Brussels Sprouts—7.9 oz.   |                   |
| 360    | NY Steak Patty with Mushroom Gravy, Garlic Mashed Potatoes, Zucchini, Squash and Green Bean Medley—12.35 oz. |                   |
| 440    | Meatloaf with Apple Brown Gravy, Served with Skin-on Potatoes and Stewed Tomatoes—12.8 oz.                   |                   |
| 910    | Macaroni and Beef Casserole, served with Spinach and California Blend Vegetables—17.32 oz.                   |                   |
| 5043   | Spaghetti and Meatballs with Marinara Sauce, broccoli and black bean blend—12.5 oz.                          |                   |
| 5044   | Salisbury Steak, Cubed Potatoes with Mushroom Gravy, Peas and Carrots, Cauliflower—12.75 oz.                 |                   |
| 5048   | Meatloaf with Tomato Sauce, Mashed Potatoes with Brussels Sprouts and Carrots—11.45 oz.                      |                   |

| Item # | BEEF MEALS  | MEAL DESCRIPTIONS |
|--------|---|-------------------|
| 10     | Breaded Pork Patty with Potatoes and Brussels Sprouts—9.30 oz.  |                   |
| 13     | Pork Patty and BBQ Sauce with Potatoes and Whole Kernel Corn—10.10 oz.                                |                   |
| 35     | Pork Patties and Honey BBQ Sauce with Green Pea Blend Vegetables and Cauliflower—9.4 oz.              |                   |
| 87     | Pork Patty and Mushroom Gravy with Cinnamon Flavored Sweet Potatoes and Green Beans—10.65 oz.         |                   |
| 870    | Pork Riblet in a Sweet and Tangy BBQ Sauce, Baked Beans, Whole Kernel Corn with Red Peppers—12.58 oz. |                   |

| Item # | SEAFOOD MEALS  | MEAL DESCRIPTIONS |
|--------|--|-------------------|
| 44     | Breaded Pollock with Green Pea Blend Vegetables and Carrots—9.6 oz.  |                   |
| 85     | Breaded Fish Wedge with Green Beans and Cauliflower—8.75 oz.   |                   |
| 970    | Batter-Dipped Crispy Fish Nuggets with Garlic Mashed Potatoes and Carrots—11.82 oz.                                    |                   |
| 5045   | Breaded Fish, with Lima Beans, Corn and Red Peppers—10.0 oz.   |                   |
| 5085   | Creole Baked Fish topped with Tomato Cilantro Sauce, Served with Corn & Lima Beans, Green Beans & Cauliflower—12.0 oz. |                   |

| Item # | MEATLESS MEALS   | MEAL DESCRIPTIONS |
|--------|--|-------------------|
| 24     | Cheese Pizza with Cinnamon Apples and Green Peas—10.2 oz.  |                   |
| 26     | Lasagna Cheese Triple Stack with Whole Kernel Corn and Green Beans—13.45 oz.                                     |                   |
| 106    | Three Cheese Macaroni and Cheese with Seasoned Carrot Cuts and Green Peas—13.3 oz.                               |                   |
| 5065   | Linguine Alfredo with Vegetable Blend, Parmesan Cheese, Brussels Sprouts and Zucchini with Red Peppers—11.25 oz. |                   |
| 5078   | Cheese Tortellini with Marinara Sauce, Brussels Sprouts and Carrots—11.2 oz.                                     |                   |
| 5079   | Cheese Ravioli with Marinara Sauce, Cauliflower, Broccoli—11.05 oz.  |                   |
| 5098   | Cheese Lasagna Served with Yellow Squash and Italian Green Beans—11.8 oz.  |                   |

| Item # | SHELF MEALS | MEAL DESCRIPTIONS |
|--------|-------------|-------------------|
|--------|-------------|-------------------|

**NOTE: Shelf Meals (No Refrigeration Required) includes: Applesauce, Raisins, Canned Fruit**

**SM-1** Shelf Meal, Chicken Salad, Bumble Bee Lunch Kit—3.5 oz. — Applesauce, Raisins, Canned Fruit

**SM-2** Shelf Meal, Tuna Salad, Bumble Bee Lunch Kit—3.5 oz. — Applesauce, Raisins, Canned Fruit

| Item # | BREAKFAST MEALS | MEAL DESCRIPTIONS |
|--------|-----------------|-------------------|
|--------|-----------------|-------------------|

**66** Sausage and French Toast with Applesauce and Hash Browns—10.4 oz.

**71** Cheese Omelet and Salsa with Broccoli and Hash Browns—9.9 oz.

**73** Sausages and Pancake with Cinnamon Flavored Sweet Potatoes and Apples—9.1 oz.

**190** Pancakes and Egg Patty with Turkey Sausage Links and Strawberry Compote—9.7 oz.

**120** Western Style Omelet with Potatoes O'Brien and Strawberry Applesauce—11.78 oz.

**123** Egg Patty and Hash brown with Country Pepper Gravy, Turkey Sausage and Maple Pecan Cinnamon Apples—12.2 oz.

**6019** Cheese Scrambled Eggs with Turkey Sausage, Grits and Cinnamon Peaches—12.0 oz

**6020** Spanish Omelet with Maple Oatmeal and Cinnamon Applesauce—11.0 oz.

**6022** French Toast Sticks with Cubed Potatoes, Peaches, Turkey Sausage Patty—10.17 oz.

**6024** Cheddar Cheese Omelet with Turkey Sausage patty, Seasoned Potatoes and Cinnamon Applesauce—10.5 oz.

**6025** Buttermilk Pancakes with Turkey Sausage, Seasoned Potatoes and Cinnamon Applesauce—9.4 oz.

**6027** Biscuit and Gravy with Turkey Sausage Patty, Cubed Seasoned Potatoes and Spiced Apples—12.5 oz.

**BCC-1** \* Breakfast Cereal Cold, Cheerios, General Mills—5/8 oz. Box

**BCC-2** \* Breakfast Cereal Cold, Wheaties, General Mills—7/8 oz. Box

**BCC-4** \* Breakfast Cereal Cold, Frosted Flakes, Kelloggs—1.2 oz. Box

**BCC-5** \* Breakfast Cereal Cold, Apple Jacks, Kelloggs—.95 oz. Box

**BCC-6** \* Breakfast Cereal Cold, Cinnamon Toast Crunch, General Mills—1.0 oz. Box

**BCC-7** \* Breakfast Cereal Cold, Corn Pops, Kelloggs—.95 oz. Box

**BCC-8** \* Breakfast Cereal Cold, Raisin Bran, Kelloggs—1.52 oz. Box

**BCC-9** \* Breakfast Cereal Cold, Fruit Loops, Kelloggs—.95 oz. Box

**BCC-10** \* Breakfast Cereal Cold, Rice Krispies, Kelloggs—.88 oz. Box

**BCC-11** \* Breakfast Cereal Cold, Frosted Mini Wheats, Kelloggs—1.31 oz. Box

| Item # | HOT BREAKFAST MEALS | MEAL DESCRIPTIONS |
|--------|---------------------|-------------------|
|--------|---------------------|-------------------|

**BCH-11** \* Breakfast Cereal Hot, Oatmeal, Quaker Maple and Brown Sugar—1.19 oz. Packet

**BCH-12** \* Breakfast Cereal Hot, Cream of Wheat—1.0 oz. Packet

**BCH-13** \* Breakfast Cereal Hot, Quaker Grits—1.0 oz. Packet

| Item # | BREAKFAST SANDWICHES | MEAL DESCRIPTIONS |
|--------|----------------------|-------------------|
|--------|----------------------|-------------------|

**BS-1** \* Biscuit Sandwich with Egg, Sausage and Cheese—4.5 oz.

**BS-2** \* Croissant Sandwich with Egg, Sausage and Cheese—4.5 oz.

**BS-3** \* Mini Twin Sausage, Egg and Cheese Sandwich—3.15 oz.

*More Breakfast Sandwiches continued on next page...*

| Item # | BREAKFAST SANDWICHES (continued) | MEAL DESCRIPTIONS |
|--------|----------------------------------|-------------------|
|--------|----------------------------------|-------------------|

**BS-4** \* Burrito, Bob Evans, Egg, Sausage and Cheese, 2 count—4.8 oz.

**BS-5** \* Mini Twin Bacon, Egg and Cheese Sandwich—2.45 oz.

**BS-6** \* Whole Grain Muffin with Turkey Sausage, Egg White and Cheese—5.1 oz.

| Item # | HOT SANDWICHES | MEAL DESCRIPTIONS |
|--------|----------------|-------------------|
|--------|----------------|-------------------|

**HS-1** \* Mini Twin Cheeseburger—2.45 oz.

**HS-3** \* Jumbo Southern Fried Chicken Sandwich with slices of American Cheese on a Cornmeal Dusted Bun—6.4 oz.

**HS-4** \* Turkey and Provolone Pretzel Melt—6.5 oz.

**HS-5** \* Hot 'N Ready, Meatloaf Sandwich with Ketchup—7.0 oz.

**HS-6** \* Classic Grilled Cheese Sandwich with American and Swiss Cheese on Texas Toast—4.1 oz.

**HS-7** \* Pierre Signatures, Monterey Chicken Sandwich—8.79 oz.

**HS-8** \* 1st Choice, Breaded Alaskan Pollock Sandwich with American Cheese on a Sesame Seed Bun—5.75 oz.

**PZ** \* Pizza Parlor, 8" Pepperoni French Bread Pizza—5.0 oz.

**RIB** \* Pierre Bonless Pork Riblets with BBQ Sauce—5.25 oz.

| Item # | COLD SANDWICHES | MEAL DESCRIPTIONS |
|--------|-----------------|-------------------|
|--------|-----------------|-------------------|

**CS-1** \* Italian Sub with Swiss Cheese on a Brioche Bun—7 oz. (Ready-to-eat, Thaw & Serve)

**CS-2** \* Roast Beef and Swiss on Seeded Bun—7.6 oz. (Ready-to-eat, Thaw & Serve)

**PB** \* Peanut Butter Jamwich with Grape Jelly on Whole Wheat Bread—2.8 oz. (Ready-to-eat, Thaw & Serve)

| Item # | BREAD ITEMS | BREAD DESCRIPTIONS |
|--------|-------------|--------------------|
|--------|-------------|--------------------|

**BI-0** Wheat, Sliced Bread—16.0 oz. Loaf

**BI-1** White, Sliced Bread—16.0 oz. Loaf

**BI-M** Margarine (1 serving)

| Item # | BEVERAGE ITEMS | BEVERAGE DESCRIPTIONS |
|--------|----------------|-----------------------|
|--------|----------------|-----------------------|

**BVG-10** Tea (black), Tea Bag

**BVG-11** Tea (green), Tea Bag

**BVG-1P** Milk, 2%, 8 oz. Aseptic Carton, Shelf Stable UHT

**BVG-1CP** Milk, Chocolate Milk, 2% 8 oz. Aseptic Carton, Shelf Stable UHT

**BVG-1SP** Milk, Strawberry Milk 2%, 8 oz. Aseptic Carton, Shelf Stable UHT

**BVG-15** \*\* Milk, SKIM, 32 oz. Aseptic Carton, Shelf Stable UHT (4 Servings)

**BVG-12** \*\* Milk, 1%, 32 oz. Aseptic Carton, Shelf Stable UHT (4 Servings)

**BVG-1** \*\* Milk, 2%, 32 oz. Aseptic Carton, Shelf Stable UHT (4 Servings)

**BVG-1C** \*\* Milk, Chocolate Milk 2%, 32 oz. Aseptic Carton, Shelf Stable UHT (4 Servings)

**BVG-2** \*\* Milk, WHOLE, 32 oz. Aseptic Carton, Shelf Stable UHT (4 Servings)

**BVG-13** Cocoa, Swiss Miss, Milk Chocolate—1.0 oz. Envelope

**BVG-14** Cocoa, Swiss Miss, Milk Chocolate (NO SUGAR ADDED)—.55 oz. Envelope

**BVG-3** Juice, Apple, Ardmore Farms—4.0 oz. Cup

*More Beverage Items continued on next page...*

| Item #         | BEVERAGE ITEMS (continued)                              | BEVERAGE DESCRIPTIONS |
|----------------|---|-----------------------|
| <b>BVG-4</b>   | Juice, Orange, Ardmore Farms—4.0 oz. Cup                |                       |
| <b>BVG-6</b>   | Juice, Grape, Ardmore Farms—4.0 oz. Cup                 |                       |
| <b>BVG16</b>   | Juice, Cranberry, Ardmore Farms—4.0 oz. Cup             |                       |
| <b>BVG-7**</b> | Juice, V8—11.5 oz. Can (2 Servings)                     |                       |
| <b>BVG-7SS</b> | Juice, V8—5.5 oz. Can (Single Serving)                  |                       |
| <b>BVG-8</b>   | Coffee, Taster's Choice, Instant Crystals—1 Cup         |                       |
| <b>BVG-9</b>   | Coffee (Decaf), Taster's Choice, Instant Crystals—1 Cup |                       |

| Item #        | MEAL SIDE ITEMS   | SIDE ITEM DESCRIPTIONS  |
|---------------|---|---|
| <b>MSI-1</b>  | Applesauce, Motts—4.0 oz. Cup                                 |   |
| <b>MSI-1C</b> | Applesauce (Cinnamon), Motts—4.0 oz. Cup                      |   |
| <b>MSI-10</b> | Raisins—1.0 oz. Box   |   |
| <b>MSI-2</b>  | Mixed Fruit, Del Monte Lite—4.0 oz. Can                       |   |
| <b>MSI-3</b>  | Diced Peaches, Del Monte Lite—4.0 oz. Can                     |   |
| <b>MSI-11</b> | Fresh Fruit* Apple  | *NOTE: varieties change based on season. (Apple should be washed prior to eating) |
| <b>MSI-12</b> | Fresh Fruit* Orange   |   |
| <b>MSI-13</b> | Fresh Fruit* Banana   |   |
| <b>MSI-16</b> | Cookie, Animal Cracker, Austin—2.12 oz.                       |   |
| <b>MSI-17</b> | Lorna Doone, Shortbread Cookies, Nabisco, 4 Pack—1.0 oz.      |   |
| <b>MSI-19</b> | Granola Bar, Quaker Soft Chocolate Chip—.84 oz.               |   |
| <b>MSI-20</b> | Granola Bar, Quaker Soft Peanut Butter Chocolate Chip—.84 oz. |   |
| <b>MSI-21</b> | Pretzel, Tiny Twists, Rold Gold—1.0 oz.                       |   |
| <b>MSI-4</b>  | Jello, Orange, Snack Pack—3.5 oz. Cup                         |   |
| <b>MSI-5</b>  | Jello, Strawberry, Snack Pack—3.5 oz. Cup                     |   |
| <b>MSI-6</b>  | Pudding, Banana Cream, Snack Pack—3.5 oz. Cup                 |   |
| <b>MSI-7</b>  | Pudding, Butterscotch, Snack Pack—3.5 oz. Cup                 |   |
| <b>MSI-8</b>  | Pudding, Chocolate, Snack Pack—3.5 oz. Cup                    |   |
| <b>MSI-9</b>  | Pudding, Vanilla, Snack Pack—3.5 oz. Cup                      |   |
| <b>MSI-22</b> | Pudding, Tapioca, Snack Pack—3.5 oz. Cup                      |   |
| <b>MSI-36</b> | Pudding, Lemon, Snack Pack—3.5 oz. Cup                        |   |
| <b>MSI-14</b> | Cracker, Goldfish Pepperidge Farm Cheddar Cheese—1.5 oz.      |   |
| <b>MSI-23</b> | Kar's Sweet 'n Salty Trail Mix—2.0 oz.                        |   |
| <b>MSI-24</b> | Cookie, Keebler Famous Amos Chocolate Chip—2.0 oz.            |   |
| <b>MSI-25</b> | Nutri Grain Bar, Kellogg's Strawberry—1.3 oz.                 |   |
| <b>MSI-26</b> | Nutri Grain Bar, Kellogg's Apple Cinnamon—1.3 oz.             |   |
| <b>MSI-27</b> | Nutri Grain Bar, Kellogg's Blueberry—1.3 oz.                  |   |

*More Side Items continued on next page...*

| Item #  | MEAL SIDE ITEMS (continued)   | SIDE ITEM DESCRIPTIONS |
|---------|---|------------------------|
| MSI-28  | Cheetos Crunchy—1.0 oz.   |                        |
| MSI-37  | Popcorn ACT II Butter Lovers (microwavable)—3.0 oz.                   |                        |
| MSI-38  | Cheez-It, White Cheddar—1.5 oz.                                       |                        |
| MSI-41  | Cookie, BelVita Brown Sugar Cinnamon Biscuit—1.8 oz.                  |                        |
| MSI-42  | Cookie, Oreo Chocolate Sandwich Cookie—2.0 oz.                        |                        |
| MSI-33* | Freeze-Dried Bananas, 100% All Natural (2 Servings)—.59 oz.           |                        |
| MSI-34* | Freeze-Dried Strawberries, 100% All Natural (2 servings)—.26 oz.      |                        |
| MSI-43  | Creamy Peanut Butter—1.5 oz.  |                        |
| MSI-44* | Yogurt, Imported GoGo squeeZ Strawberry YogurtZ, Shelf Stable—3.0 oz. |                        |

| Item # | SUGAR FREE ITEMS                                  | SUGAR FREE ITEM DESCRIPTIONS |
|--------|---|------------------------------|
| MSI-31 | Pudding, Sugar Free Vanilla, Snack Pack—3.5 oz.   |                              |
| MSI-32 | Pudding, Sugar Free Chocolate, Snack Pack—3.5 oz. |                              |
| MSI-15 | Pancake Syrup, Sugar Free, Smuckers—1.1 oz.       |                              |

## Menu Item List Information:

**A Complete Meal = Meal + Beverage\*\* + Meal Side\***

Example: A 14-Meal Order would consist of:

**14 Meals, 14 Beverage Servings and 14 Sides**

**\*\* Some Beverages are Multiple Servings** — Check Menu before listing quantities below

**\* You Can Receive 2 Additional Sides** — we recommend fresh fruit

**\* 1 Item per Meal** — limit one per Meal

**Bread Item = 1 Loaf** of Sliced White or Wheat Bread with Meal quantity up to 20, 21 meals or more 2 loaves

**\* Yogurt Item = For Every Multiple of 7 Meals** you can select up to two as side items

## Need Help? Give Us A Call or Visit our Website:

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